

MAY 2024

GURWIN ADULT DAY HEALTH PROGRAM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Let's Celebrate Asian American & Pacific Islanders Month 6th-12th Nurses Week Cinco de Mayo Mother's Day Memorial Day			1.	2. 11am Communion Jimmy Rosica Very Cool Music School Art Therapy Prize BINGO!	3. Oneg Shabbat 11am PT Exercise Nail Apt./Social Club Cinco de Mayo Fiesta with Nancy	
	6. Create Mother's Day Tote Bags Table Games Bingo	7. PT Exercise Nail Apt./Social Club PAINT & DOT	8. Wardrobe Wednesday Necklace Making Individual Activities Tai-Chi with Suzanne	9. 11am Communion Thankyou Thursday Letters to our Nurses Art Therapy Nursing Appreciation Celebration & Recognition	10. Oneg Shabbat 11am PT Exercise Fancy Friday Massages for all Nursing Staff Prize BINGO!	
	13. Yoga with Janet Outburst Bingo	14. PT Exercise Individual Activities Asian Heritage Month Craft	15. Filipino Music & Dancing Adult Coloring Virtual tour of Asian Countries & Islands	16. 11am Communion Jimmy Rosica Very Cool Music School Art Therapy Asian food Demo & Tasting	17. Oneg Shabbat 11am PT Exercise Massage Therapy with Deanna Prize BINGO!	
	20. Bible Study Pentecost Individual Activities Bingo	21. PT Exercise Nail Apt./Social Club Scavenger Hunt	22. Nutrition Talk / Food Demo Adult Coloring Birthday Party with John Catone!	23. 11am Communion Karaoke Art Therapy Tai-Chi with Suzanne	24. Oneg Shabbat 11am PT Exercise Trip to Music Academy Dragon Show Entertainment!	
All Activities are subject to change** *Other activities available upon request see TR staff!!!!	27. Prize Bingo Adult Coloring Memorial Day Parade & Snacks	28. PT Exercise Nail Apt./Social Club Ceramic Painting	29. National Senior Health & Fitness Day Individual Activities Music Entertainment with Peter Larosa	30. AAPI Month Movie Tribute Art Therapy Member Council Meeting	31. PT Exercise Nail Apt./Social Club Prize BINGO!	**Patio is open to the use of all weather permitting! **

