





March 2024 Recreation Schedule



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Easter 10:00 Nature Relaxation(Ch.6)M 10:15 Bunny Hop Fitness (S) M 11:00 Pokeno (PL) M/LN 11:00 St. Patrick's Mass (Ch.6)LN 2:00 & 7:15 Holiday Movie: Easter Parade (TR) KM 2:30 Sunday Music With Debra Toscano (S) KM 3:45 Hotline Bingo(Ch. 6)LN/KM	ACTIVITY LOCATION: TR-THEATER ROOM 3RD FLOOR PR-POOL ROOM 1ST FLOOR C WING SYN OR S- SYNAGOGUE PL-PARTY LOUNGE (ALSO REFERRED TO AS BINGO ROOM) L-LIBRARY 2ND FLOOR CR-CARD ROOM SYN P-SYNAGOGUE PATIO DRP- DINING ROOM PATIO PDR- PRIVATE DINING ROOM FL- FRONT LOBBY C-CAFÉ 1ST FLOOR <i>ITALIC- STREAMING ON CH.6 / THEATER</i>	For more information regarding activities and trips, please contact Tori Gentile, Recreation Supervisor at ext. 8558. To hear a verbal listing of the daily programs, call 2868 Activities and trips are subject to change without notice.	ACTIVITY LEADERS: T- TORI D- DENISE L-LORRAINE LN-LYNN M-MALIK KM-KIMMIE K-KESLER (DRIVER) R-RABBI RT-RECREATION TEAM I- INDEPENDENTLY RUN BY RESIDENTS FS- FOOD SERVICE		1 10:00 Opa! Fitness Broadcast (Ch.6) T 10:00&7:15 Bernstein Concerts (TR) T 10:30 Dave Patrick's Wake Up & Dance (S) T 10:30 Knitting for a Cause: Israeli Soldiers (CR) I 2:15 Trip:Whole Foods-K 2:15 Name That Broadway Hit (S)T 3:30 Bingo with Lorraine (PL) 5:30-6:00 Candle Lighting (S) I 7:15 Shabbat Service (S) Rafi	2 9:45 Shabbat Service (S)Rafi 9:45 Park Avenue Shabbat(Ch6)T 10:00 Rummikub Club (CR) I 10:30 Virtual Lecture-Rosanne Losee: Legendary Voices (TR) T 2:00 & 7:15 Oscar Nominated: Oppenheimer(TR) T 2:15 Rabbi Schmooze (S) Rafi 3:30 Friendship Circle (L) T 6:29 Havdalah (S) R.Rafi
3 Happy Birthday March Babies! 10:00 Nature Relaxation(Ch.6)M 10:15 Exercise (S) M 11:00 Pokeno (PL) M/LN 11:00 St. Patrick's Mass(Ch.6) M 2:00 & 7:15 Documentary: My Octopus Teacher (TR) KM 2:30 Birthday Celebration With Cake And Music By Alex Alexander (S) KM 3:45 Hotline Bingo(Ch.6)LN/KM	4 10:00 Broadcast Chair Yoga (Ch.6) M 10:15 Trip: Banks-K 10:15 Stretching For Relaxation And Flexibility (S) KM 11:00 Baking Club: Banana Cream Pie (PL) KM 2:00 & 7:15 Ballet: The Seasons: Music By Vivaldi (TR) KM 2:30Dance Therapy w/Lisa(S)KM 3:15 Ice Cold Refreshers (S) KM 3:45 Funny Short Stories (S) KM	5 Dress To Impress! 10:00 Nature Relaxation (Ch.6) T 10:15 Volleyball Long Session (S) D 10:30 Dominoes (E 2nd Fl Lounge) I 11:00 Hits Of The 40's (PL) M 11:45 Trip: Lunch at Irish Coffee Pub -K 2:00 & 7:15 Women's Month Movie- Mamma Mia (TR) M 2:30 The Oscars Themed Calendar Reveal Party (S)M/D 3:45 \$1 Bingo (PL) M	6 10:00 Broadcast Chair Yoga(Ch.6) Ma 10:15 Exercise with Weights (S) KM 10:15 Trip:Dollar Tree -K 11:00 Open Art Studio (PL) D/KM 2:30 Irish Movie Party With Popcorn, Soda, And Candy- "The Quiet Man" (S) KM/M 7:15 Irish Movie "The Quiet Man"(TR)	7 VENDOR 10-5 (FL) 10:00 Nature Relaxation (Ch.6) T 10:15Volleyball (S) KM 11:00 Catholic Communion (PR) I 11:45 New Resident "Lucky To Have You" Luncheon (L) D 2:00&7:15 Biography: Tick Tick Boom(TR)T 2:15 Trip: Dorton Bakery -K 2:30 Instrumentalist Gregory Mulganov Performs (S)M/D 3:45 Computer Help w/ John (PR) I 3:45 \$1 Bingo (PL) L 7:15 Thurs Eve Get-Together (S) I	8 International Women's Day- Wear Red 10:00 Opa! Fitness Broadcast (Ch.6) T 10:00 & 7:15 Bernstein Concerts(TR) 10:15 Yoga With Janice (S) T 10:30 Knitting for a Cause: Israeli Soldiers (CR) I 11:00 Famous Women In Music (S) T 2:15 Trip: Walmart-K 2:30 Lecture by J. Coll "Covid And The Constitution" (S) T 3:45 Bingo with Lorraine (PL) 5:38-6:08 Candle Lighting (S) I 7:15 Shabbat Service (S) R.Rimler	9 9:45 Shabbat Service(S)Rimler 9:45 Park Avenue Shabbat(Ch6) D 10:00 Rummikub Club (CR) I 10:30 Painting Class (PL) D 2:00 & 7:15 Oscar Nominated: Barbie (TR) T 2:15 Rabbi Schmooze(S) R.Rimler 3:30 Friendship Circle (L) D 6:37 Havdalah (S) Rimler
10 10:00 Nature Relaxation(Ch.6) M 10:15 Exercise (S) M 11:00 Oscar Worthy Trivia(S)M 11:00 St. Patrick's Mass (Ch.6) M 2:00 & 7:15 Movie- Rocky (TR) 2:30 Irish Step Dancing With Ciara Greene School (S) KM 3:45 Hotline Bingo (Ch. 6) KM	11 10:00 Broadcast Chair Yoga(Ch.6) M 10:15 Trip: CVS-K 10:15 Kimmie's Dancercise (S)KM 11:00Activity/Movie Planning(S)KM 11:00 Readings With Harriet (L) I 2:00 & 7:15 Opera: Verdi's Don Carlo (TR) KM 2:30 Celebrating Liza Minelli(S)KM 3:45 Creating Our "Lucky Shamrock" Board (PL) KM	12 Wear Green 10:00 Nature Relaxation (Ch.6) T 10:15 Volleyball Long Session (S) D 10:30 Dominoes (E 2nd Fl Lounge)I 11:00 Men's Club- Sports Talk (PL)M 2:00 & 7:15 Women's Month Movie- Legally Blonde (TR)T 2:15 Trip: Nail Salon* -K 2:30 Irish Music Performance By The Banjo Rascals And Shamrock Shake Social (S) M/D 3:45 Potato Bowling With Denise (S) 3:45 \$1 Bingo (PL) M	13 10:00 Broadcast Chair Yoga(Ch.6) Ma 10:15 Exercise With Weights (S) KM 10:15 Trip: Shoprite-K 11:00 Open Art Studio (PL)D/KM 2:00 & 7:15 Movie- The Devil Wears Prada (TR) T 2:30 Seated Zumba Gold With Genalin (S) KM 3:15 Music And Memories (S)M 3:45 Beading With Kimmie (PL)	14 Shenanigans Pub Day Dress In Green/Orange/White NO TRIPS TODAY 10:00 Nature Relaxation (Ch.6)T 10:15 Volleyball (S) KM 11:00 Irish Kitchen: Soft Pretzels With Mustard (PL) D 11:00 Catholic Communion (PR) I 2:00 & 7:15 Biography: Albert Brooks: Defending My Life (TR) T 2:30 Shenanigans Irish Pub- Beer, Potato Bar, Pub Games (S) D/M 3:45 Computer Help w/ John (PR) I 3:45 \$1 Bingo (PL) L 7:15 Thurs Eve Get-Together (S)I	15 10:00 Opa! Fitness Broadcast (Ch.6) T 10:00 & 7:15 Bernstein Concerts (TR) T 10:15 Rhythm Sticks (S) T 10:30 Knitting for a Cause: Israeli Soldiers (CR) I 11:00 Irish Music Appreciation (S)T 2:15 Trip: Kohl's- K 2:30 Tori Sings The Hits (S) 3:30 Bingo With Lorraine (PL) 6:45-7:15 Candle Lighting (S) I 7:15 Shabbat Service (S) Rafi	16 9:45 Shabbat Service (S)Rafi 9:45 Park Avenue Service(Ch6) T 10:00 Rummikub Club (CR) I 10:30 Potato Printing Art (PL) D 2:00 & 7:15 Oscar Nominated: The Holdovers (TR) T 2:15 Rabbi Schmooze (S) Rafi 3:30 "Lucky To Be Friends" Friendship Circle (L) D 7:45 Havdalah (S) R.Rafi
17 Irish Day- Wear Green 10:00 Nature Relaxation(Ch.6) 10:15 Shamrock Stretches (S)M 11:00 Large Crossword (S) LN/M 11:00 St. Patrick's Mass (Ch.6) LN 2:00&7:15 Irish Movie- P.S. I Love You (TR) KM 2:30 Sunday Music with The Denice Givens Band (S) KM 3:45 Luck Of The Irish Hotline Bingo (Ch. 6) LN/KM	18 10:00 Broadcast Chair Yoga (Ch.6) 10:00 Trip: Event For Survivors-K 10:15 Showtune Stretches (S) KM 11:00 Pokeno With Kimmie (PL) 2:00 & 7:15 Concert: Benefit For Ukraine (TR) KM 2:15 Culinary Committee (L) FS 2:30 Whiteboard Pictionary (S) KM 3:45 Rock Painting (PL) KM	19 10:00 Nature Relaxation(Ch.6)T 10:15 Volleyball Long Session (S) D 10:30 Dominoes (E 2nd Fl Lounge)I 11:00 Pet Therapy Visits (FL)M 11:45 Trip: Lunch at Cheesecake Factory & Macy's Shopping- K 2:00 & 7:15 Women's Month Movie- Sister Act (TR) T 2:30 Shout It Out Trivia (PL) M 2:30 Glamour Shots By Denise With Sparkling Pink Punch (S) 3:45 \$1 Bingo (PL) M 3:45 New Resident Tours (FL) D	20 First Day Of Spring 10:00 Broadcast Chair Yoga(Ch.6) Ma 10:15 Trip: Starbucks-K 10:15 Exercise with Weights (S) KM 11:00 Open Art Studio (PL) KM/D 2:00 & 7:15 Movie-The Breakfast Club (TR)T 2:30 All About Elton John- Dance Party! (S) KM/M 3:45 Golden Age Movie Star Chat With Malik (L) 3:45 Horseracing! 25 Cents Per Game (S) KM	21 10:00 Nature Relaxation (Ch.6) T 10:15 Volleyball Short Sesh (S) KM 11:15 Trip Planning (S) KM 11:00 Catholic Communion (PR) I 11:15 Prayer Circle (PR) D 2:00 & 7:15 Biography:Mank (TR) T 2:15 Trip- Nail Salon*-K 2:30 Res Vs. Staff Volley (S)D/M 3:45 \$1 Bingo (PL) L 3:45 Computer Help w/ John (PR) I 7:15 Thurs Eve Get-Together (S) I	22 10:00 Opa! Fitness Broadcast (Ch.6) T 10:00 & 7:15 Bernstein Concerts (TR)T 10:15 Rhythm Sticks (S) T 10:30 Knitting for a Cause: Israeli Soldiers (CR) I 11:00 Songs Of The Sabbath (S)T 2:15 Trip: Dollar Tree- K 2:30 Jane's Nudge Your Noodle (L) T 3:45 Bingo with Lorraine (PL) 6:53-7:23 Candle Lighting (S) I 7:15 Shabbat Service (S) Rafi	23 Fast Of Esther 9:45 Shabbat Service (S) Rafi 9:45 Park Avenue Shabbat(Ch6)D 10:00 Rummikub Club (CR) I 10:30 Purim Mask Making (PL) D 2:00 & 7:15 Oscar Nominated: Maestro (TR)T 2:15 Rabbi Schmooze (S) Rafi 3:30 Friendship Circle (L) D 7:52 Havdalah (S) Rafi 7:55 Purim Service (SYN) Rafi
24 Purim- Dress Festive Palm Sunday <i>-Palms Will Be Available During The Week-</i> 9:45 Purim Service (Syn) Rafi 10:00 Nature Relaxation(Ch.6) M No In-Person Exercise Today 11:00 Trivia Challenge (Syn)M 11:00 St. Patrick's Mass (Ch.6) M 2:00 & 7:15 Movie:Grease (TR)KM 2:30 Purim Party With Hamantaschen And Music By Naami Zeitlin (S) KM 3:45 Hotline Bingo (Ch. 6) KM	25 Mobile Library 10-12 (FL) 10:00 Broadcast Chair Yoga(Ch6)Ma 10:15 Kimmie's Dancercise (S) 10:15 Trip: Banks-K 11:00 Wood Painting (PL) KM 2:00 & 7:15 Concert: Kevin Chen Performs Beethoven, Chopin, And Liszt (TR) KM 2:15 Dance Therapy w/Lisa (S)KM 3:00 Ice Cold Refreshers (S) KM 3:45 All About Games! Giant Dominoes, Tic Tac Toe, Giant Jenga, And More! (S) KM	26 10:00 Nature Relaxation (Ch.6) D 10:15 Volleyball Long Session (S) D 10:30 Dominoes (E 2nd Fl Lounge)I 11:00 You Be The Judge (PL) M 2:00 & 7:15 Women's Month Movie- Mrs. Doubtfire (TR) T 2:15 Trip: Stop & Shop-K 2:30 Resident Council Joint Meeting (S) T/D 3:45 \$1 Bingo (PL) M 3:45 New Resident Tours (FL) D	27 Encanto Day  NO TRIPS TODAY 10:00 Broadcast Chair Yoga(Ch.6) M 10:15 Encanto Exercise (S) KM 11:00 Exploring Colombia (TR) T 11:00 Paper Flower Craft (PL) D/KM 2:00&7:15 Staff Request Movie: Encanto (TR) KM 2:30 Lecture With Bill Bleyer: The True Story Of The Culpers Spy Ring (S) M 3:45 Colombian Cooking: Mango Salsa With Tortilla Chips (PL) KM	28 10:00 Nature Relaxation (Ch.6) T 10:15 Volleyball (S) KM 11:00 Catholic Communion (PR) I 11:45 Easter Luncheon (L) D 2:00 & 7:15 Biography: Audrey (TR) T 2:15 Trip: Post Office/Jewelry Ex./ Michaels -K 2:30 Daisy Painting Party (S) D/M 3:45 \$1 Bingo (PL) L 3:45 Computer Help w/ John (PR) I 7:15 Thurs Eve Get-Together (S) I	29 10:00 Opa! Fitness Broadcast(Ch6) 10:00 & 7:15 Bernstein Concerts (TR)T 10:15 Yoga With Janice (S) T 10:30 Knitting for a Cause: Israeli Soldiers (CR) I 11:00 Name That Famous Face (S)T 2:15 Trip: Target- K 2:15 World Piano Day- 88 Minutes Of Piano Excellence (S)T 3:30 Bingo with Lorraine (PL) 7:00-7:30 Candle Lighting (S) I 7:15 Shabbat Service (S) Rafi	30 9:45 Shabbat Service (S)Rafi 9:45 Park Avenue Service(Ch6) T 10:00 Rummikub Club (CR) I 10:30 Painting Class (PL) D 2:00 & 7:15 Oscar Nominated: Golda (TR) T 2:15 Rabbi Schmooze (S) Rafi 3:30 Friendship Circle (L) D 8:00 Havdalah (S) R.Rafi