


JANUARY

2024

GURWIN ADULT DAY HEALTH PROGRAM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>Let's Celebrate</p> <p>1/1 New Year's Day</p> <p>1/15 MLK Jr. Day</p>	<p>1. Happy New Year!</p> <p>Snowflake Bead Craft</p> <p>Individual Activities</p> <p>New Year's Prize</p> <p>BINGO</p>	<p>2.</p> <p>PT Exercise</p> <p>Nail Appt.</p> <p>Paint & Sip</p>	<p>3.</p> <p>Winter Mug Craft</p> <p>Individual Activities</p> <p>Scavenger Hunt</p>	<p>4. 11am Communion</p> <p>Jimmy Rosica</p> <p>Very Cool Music School</p> <p>Art Therapy</p> <p>Family Feud!</p>	<p>5. Oneg Shabbat 11am</p> <p>PT Exercise</p> <p>Nail Appt.</p> <p>Prize</p> <p>BINGO</p>	
	<p>8.</p> <p>Bible Study</p> <p>Adult Coloring</p> <p>BINGO</p>	<p>9.</p> <p>PT Exercise</p> <p>Nail Appt.</p> <p>Hot Potato Game</p>	<p>10.</p> <p>Winter Trivia</p> <p>Word searches</p> <p>Aromatherapy & Hand Massages</p>	<p>11. 11am Communion</p> <p>Color by Numbers</p> <p>\$Walmart Trip\$</p> <p>P " "</p> <p>ψ "ψ</p>	<p>12. Oneg Shabbat 11am</p> <p>PT Exercise</p> <p>Nail Appt.</p> <p>Prize</p> <p>BINGO</p>	
<p>MARTIN LUTHER KING JR. DAY</p> 	<p>15. MLK Jr. Day</p> <p>I Have A Dream Speech</p> <p>MLK Jr. Craft</p> <p>BINGO</p>	<p>16.</p> <p>[q i c "y k j "Lc p g v</p> <p>Nail Appt.</p> <p>Beading</p>	<p>17.</p> <p>KARAOKE</p> <p>Kp f k x k f w c n C e v k k l g u</p> <p>X q m g f d c n l</p> <p>V q w t p c o q p v</p>	<p>18. 11am Communion</p> <p>Jimmy Rosica</p> <p>Very Cool Music School</p> <p>Art Therapy</p> <p>Adult Education</p>	<p>19. Oneg Shabbat 11am</p> <p>PT Exercise</p> <p>Massage Therapy</p> <p>Prize</p> <p>BINGO</p>	
	<p>22.</p> <p>Polar Bear Painting</p> <p>Coloring Packet</p> <p>BINGO</p>	<p>23.</p> <p>⋈ 0 L ^ q i É w i 0 3 É</p> <p>Ã Õ L B i A w i 0 3 Õ e</p> <p>Nail Appt.</p> <p>Musical Chairs</p>	<p>24.</p> <p>Nutrition Talk/Food Demo</p> <p>Individual Activities</p> <p>Sensory Box</p>	<p>25. 11am Communion</p> <p>Morning Cinema</p> <p>Art Therapy</p> <p>Winter Wonderland</p> <p>Stencil Project</p>	<p>26. Oneg Shabbat 11am</p> <p>PT Exercise</p> <p>Nail Appt.</p> <p>Prize</p> <p>BINGO</p>	
	<p>29.</p> <p>National Puzzle Day</p> <p>Puzzles & Table Games with Friends</p> <p>BINGO</p>	<p>30.</p> <p>PT Exercise</p> <p>Nail Appt.</p> <p>Salt Snowflake Craft</p>	<p>31.</p> <p>NAME THAT TUNE</p> <p>Outburst</p> <p>Member Council Meeting</p>		<p>All Activities are subject to change"</p> <p>*Other activities available upon request</p> <p>see TR staff!!!!</p>	<p>**Patio is open to the use of all if weather permitting! **</p>

