January 2024 "Sensibilities"

GURWIN ADULT DAY HEALTH PROGRAM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	1. Happy New Year!	2.	3.	4. 11am Communion	5. Oneg Shabbat 11am	
<u>Let's Celebrate!</u>	Snowflake Beading	January Coloring	Group meditation	Morning Movie	PT Exercise	
1/1: New Years! 1/15: Martin Luther King Jr Day	Socializing w/ friends New Year's Prize	Sensory stimulation	Individual activities January Scavenger	Sensory stimulation	Aromatherapy Prize	· · · · · · · · · · · · · · · · · · ·
Turing or Day	BUNGO	Bowling Tournament	Hunt	Drum Circle	Bingo	JANARY
	8.	9.	10.	11. 11am Communion	12. Oneg Shabbat 11am	
January	Bible Study	Morning Workout	Table Games w/	Alphabet Coloring	PT Exercise	
	Individual Activities	Arts and Crafts	Friends	Book Individual Activities	Mind Games Prize	
	BUNGO	Match the shapes!	Adult Coloring	Music With Conrad	Bingol	
		•	Adaptive Volleyball			
	15.	16.	17.	18.11am Communion	19. Oneg Shabbat 11am	
	Pizza Craft	Yoga with Janet	Penguin Craft	Musical Memories	PT Exercise	MADDY
	Group Coloring			Table games	Puzzles	
J. White-Activities	Group Coloring	Board Games	Creative Coloring	w/Friends	Prize	NEV
	BUNGO	Video Games	Chair Yoga	Corn Hole Toss	Bingo	YEAR
In the second	22.	23.	24.	25.11am Communion	26. <u>Oneg Shabbat 11am</u>	
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which is not you there hashes got "	drawing Table Games	Dave Patrick!	Puzzles	Happy Music Hour	Music Discussion Prize	
		Individual Activities	Nursery Rhymes	A.C	Bingol	
	BUNGO	Winter Hat craft	w/Ms. Rachel	Afternoon Cinema		
	29.	30.	31.			
The same	Pool Noodle Games	Group Exercise	Trace The Word!		All Activities are	**Patio is open to
	Individual activities	Sensory Stimulation	Creative Coloring		subject to change" *Other activities	the use of all if
	BUNGO	Story Telling	Member Council Meeting		available upon request see TR staff!!!!	weather permitting! **