



FOR IMMEDIATE RELEASE

Contact: Dennine Cook

(631) 715-2562; dcook@gurwin.org

FOUNTAINGATE GARDENS WELCOMES FIRST RESIDENTS

***Long Island's Newest Life Plan Community
Opens on Gurwin Healthcare System Campus***

Commack, NY (May 18, 2022) – [Gurwin Healthcare System](#) welcomed its first residents to [Fountaingate Gardens](#), the organization's new Independent Living Community for people aged 62 and over, located on Gurwin's Commack, Long Island campus. The \$115 million project, which began construction in 2020, is the final component of Gurwin's full healthcare continuum, creating Long Island's newest Life Plan Community (also known as a Continuing Care Retirement Community or CCRC.)

"It is beautiful, comfortable and elegant," said Stuart B. Almer, President & CEO of Gurwin Healthcare System. "Fountaingate Gardens completes a long-envisioned Life Plan Community for Gurwin, with independent living, assisted living and a skilled nursing facility



side by side. Fountaingate Gardens residents have access to all of our healthcare services and all our amenities in one place. We are thrilled to see this community come into focus."

The 10-acre, 129-unit complex is located at 32 Hauppauge Road in Commack, on the campus with Gurwin's Assisted Living and Skilled Nursing and Rehabilitation communities. Residents of Fountaingate Gardens have a safety net of access to those healthcare facilities if needed, as well as all the amenities offered in the community's Clubhouse. Residences include one- and two-bedroom options, with and without separate den areas and balconies, ranging from 827 to 1,350 sq. ft.

Gurwin Healthcare System

68 Hauppauge Road, Commack, NY 11725 | (631) 715-2562 www.gurwin.org





“People are stunned to see the renderings have come to life and it is even nicer than what they expect,” said Ryan Grady, Executive Director of the new community. “As only the fourth Life Plan Community on Long Island, this is all about community, a lifestyle and a commitment to making their later years their best years.”

The Clubhouse at Fountaingate Gardens is home to an indoor heated saltwater pool, salon and spa, fitness center and library. The Clubhouse also holds the Grand Dining Room, Bistro and Pub, with dining options inspired by the principles of Blue Zone living and prepared by Executive Chef William “Bill” Yocum. The Blue Zones are areas throughout the world where residents’ lifestyles create natural longevity. The nine principles of Blue Zone living center around a plant-based diet, natural exercise, socialization with like-minded people and managing stress, all of which will be on tap at Fountaingate Gardens.

“This is freeing for me, to not have the work of managing a house and everything that goes with it, but still having the ability to welcome my children here when they visit,” said Madelaine “Maddy” Aliano, who moved from Floral Park Village. “I look forward to exercising every day, to participating in activities with the other residents. We have been Zooming for two years, making friends. We like each other and we are looking forward to living together.”

Outdoors, winding paths meander through beautifully landscaped grounds, and a lazy, bubbling brook creates a scenic oasis. In keeping with the Blue Zone-inspired lifestyle, residents are encouraged to manage outdoor gardens of their own alongside the indoor and outdoor community gardens that will supply the farm-to-table ingredients to the Fountaingate Gardens kitchen. A Life Enhancement team creates activities and opportunities for residents to do what they already enjoy, and also to try something new each day, all with the purpose of socializing, embracing wellness and eating right.

The first residents began moving in in mid-May, and more than 60% of the apartment homes have been reserved. The final building, The Parkview Residences, will open in the summer. For more information, contact a member of the team at 631-715-2693.

Gurwin Healthcare System

68 Hauppauge Road, Commack, NY 11725 | (631) 715-2562 www.gurwin.org





LINK TO PHOTO, credit Fountaingate Gardens:

https://drive.google.com/drive/folders/1pfDkt0XMZ_wSGdNPuWVNkEAPn1DgtUhuX?usp=sharing

LINK TO VIDEO, credit Fountaingate Gardens:

https://drive.google.com/drive/folders/1H1VeG1092NzV_1F9kXsAM0aeQQr-Zzwb

About Fountaingate Gardens

Long Island's newest Life Plan Community, Fountaingate Gardens, is sponsored by Gurwin Healthcare System and offers an active lifestyle for those 62+ including beautiful apartment homes, myriad amenities, and future financial and healthcare security. Visit FountaingateLI.org to learn more.

About Gurwin Healthcare System

The Gurwin Jewish Nursing & Rehabilitation Center is a 5-star CMS rated 460-bed skilled nursing care facility in Commack, Long Island, and is part of the Gurwin Healthcare System, a renowned health-care provider offering a full continuum of healthcare and senior living services for medically complex individuals and frail older adults. For more information, visit www.gurwin.org. Follow Gurwin on Facebook (@GurwinNursingRehab) and on Twitter (@GurwinJewish).

Gurwin Healthcare System

68 Hauppauge Road, Commack, NY 11725 | (631) 715-2562 www.gurwin.org

