

Talk Of The Town

The Monthly Activities Newsletter of the Fay J. Lindner Residences

April 2020

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What is happening at Gurwin?

While you may be stuck in your rooms a while during this worldwide attempt to “flatten the curve,” remember: you are not alone. Take Italy, for instance. According to *The New York Times*, the Italians who are on lockdown to prevent the spread of the coronavirus have made the best of their situation. They turned to song to connect with one another. Videos and pictures are being shared on social media that show residents singing out of their windows and off their balconies down to empty streets. Not only are they playing violin, trumpet, piano, and accordion, they are even resorting to banging pots and pans. They are showing great resilience and humor at this time of crisis.

Let’s try to model similar behavior here at Gurwin! While there may be less group activity and dining room meals while we practice “social distancing,” you will have plenty of time to partake in some unconventional, yet fun activities! Break out into song, write a poem, read a book, register to vote, or take a goofy photo of yourself with your smartphone and send it to your grandchild! Tune in to Channel 6, where we will have new daily offerings for activities that you can take part in from your couch, in addition to movies or music. Call a family member or friend to tell them how much you love them. If there is ever a time to catch up with someone you haven’t talked to in a while, it is now. Or ask your grandchildren or great-grandchildren to write you a pen pal letter. In addition, we can help you video chat with your family via Skype or FaceTime as well. A staff member from Recreation can come to your room to assist you one-on-one with the process. There are also 2 video-capable computer monitors in the library that we can assist you in using if you prefer/need to use a large screen. See Recreation for details, and tell your family to email fayjvideochat@gurwin.org if they are interested.

Something that is free and that goes a long way is sharing your appreciation. If you wish, please take the time to say thank you to a staff member who has been working hard to keep you safe and healthy during this troubling time. Your kind words go a long way. Remember, your generation lived through the Depression, World War II, and the Holocaust. You will get through this. And most importantly, don’t forget to smile. It’s contagious, even more so than COVID-19!



ACCORDING TO MERRIAM-WEBSTER, THE DEFINITION OF SOCIAL DISTANCING IS AS FOLLOWS:

social distancing
noun

Definition of social distancing

: the practice of maintaining a greater than usual physical distance from other people or of avoiding direct contact with people or objects in public places during the outbreak of a contagious disease in order to minimize exposure and reduce the transmission of infection

First Known Use of social distancing
2003, in the meaning defined above



LED Candle Tea Lights and Memorial Mourning Lights to use during your

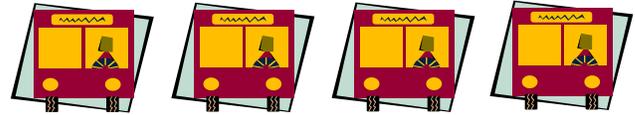
personal Shabbat Candle Lightings are available upon request. Please contact Recreation for more information.

The Hair Salon is temporarily closed.



Limousine Service

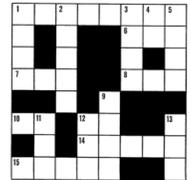
No Service at this time. Check back for updates.



LOCAL TRIPS ARE ON HOLD

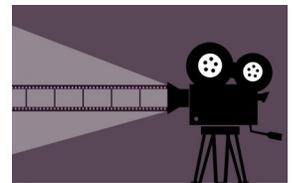
We will add trips back to the schedule on a limited basis pending the health of the

To encourage social distancing within the community, Recreation now offers **DAILY ACTIVITY GAME BOOKLETS.** These

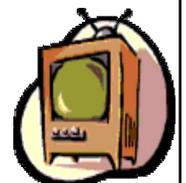


packets include word searches, crossword puzzles, Sudoku puzzles, and adult coloring pages. If you would like one, please call 8559; a booklet will be sent to you daily.

The daily movie is available on "Channel 6." Due to the generosity of the fine folks on Broadway and the Metropolitan Opera, some of the offerings have been operas and Broadway shows! In between, there will also be activities that will allow residents to participate from the comforts of their rooms. The moving imagery and classical music will resume during the evening.



Turn to "Channel 8" on your TV to see the daily Activities Calendar with any updates for activities and transportation!



Happy April Birthdays



- 4/1: Herman G.
 4/4: Marsha H.
 4/5: Uma A.
 4/5: Eva G.
 4/6: Robert R.
 4/12: Matthew J.
 4/15: Bess B.
 4/15: Fortune R.
 4/17: Eleanor P.
 4/21: Babette G.
 4/21: Naomi S.
 4/26: Sylvia P.
 4/29: Edward S.
 4/30: Evelyn G.

In lieu of the traditional birthday party, Recreation will distribute balloons, cards, and singing telegrams to individuals celebrating an April birthday. This updated practice will allow resident and staff to exercise social distancing.

Here is a list of how to say “Happy Birthday” in many different languages:

Yiddish: *A Freilechin Gebortstog*

Spanish: *Feliz Cumpleaños*

French: *Bon Anniversaire*

Italian: *Buon Compleanno*

German: *Alles Gute zum Geburtstag*

Portuguese: *Feliz Aniversário*

Polish: *Wszystkiego Najlepszego Z Okazji Urodzin*

Japanese: お誕生日おめでとうございます

Russian: С днем рождения (*S Dnem Rozhdeniya*)

Swedish: *Grattis På Födelsedagen*

Norwegian: *Gratulerer Med Dagen*

Arabic: عيد مولد سعيد (*Eyd Mawlid Saeid*)

Swahili: *Furaha ya Kuzaliwa*

We are offering assistance with Skype video phone calls.



Skype is a telecommunications application that specializes in providing video chat and voice calls between computers, tablets and mobile devices over the Internet. This way you can see your family through video!

Please tell your family to:

-Download Skype on their computer, tablet, cell phone, etc.

-Ask them to share the name of the resident they want to chat with, their Skype user name and three dates/times they are available for calls by emailing:

fajvideochat@gurwin.org

APRIL CALENDAR NOTICE:



The Activity Calendar is pending the health of the community.

Changes, cancellations and/or additions may be made on a day to day basis. Please check

Osborne “channel 8” for updates.

Please check Osborne “Channel 8” for updates. The term “**Early**” refers to those who typically sit in an earlier meal seating. “**Late**” refers to those who typically sit in a later meal seating. Residents are encouraged to attend the activity that corresponds with their dining schedule. We have added extra sessions of the same program to practice **social distancing**. Accordingly, there will temporarily be less variety than usual.

THE TRAIN CLUB LUNCHEON

Last month, our Administrator, Michael Letter, displayed his Lionel trains during the Men's Club Luncheon. The trains ran all morning in the library. After a few hours, the train heated enough to generate puffs of steam from the chimney!

Residents watched in awe and reminisced about the similar sets from their childhood. From trains and catalogues to maps and memorabilia, Michael shared everything in his collection! Residents were able to keep a memento of the afternoon; in addition to lunch, conductor hats and train whistles were provided.

We had to take the train tracks apart, but if you want to see these products up close, stop by Michael's office.



Staci Rosenberg-Simons

“Staying fabulous during COVID”

We are all in this together. While everyone is talking about where to go, where not to go, how to social distance without losing touch with others, we are trying to get used to the “new normal.” Let’s face it, we still don’t know what that is, but what we do know is that we will not be visited by our beauticians. WHAT????

Yup, that’s right. What do we do when we have been raised to believe that it is better to look good than feel good? How do we keep up appearances? Well, that’s where living in a big, beautiful, and diverse community becomes a gift. We share and learn from each other and raise each other up when we need it. So, how about we take charge of the “new normal” and start to have some fun? Who loves hats?

Have you ever wrapped a beautiful scarf around your head and thought, “that looks beautiful!” It can, and it does. Let’s try this idea on for size. Big hats, little ones, berets, clips, scarves, bandanas, ribbons, headbands – if you got it, wear it!

Forget the curling irons, try on a new look, and accessorize; never forget to accessorize. Oh, what a pair of earrings can do!



SUE'S POETRY COLUMN:

“Passover Wishes”

As you celebrate the Pesach Holiday,
 Enjoy all the foods in every way,
 May the Matzo balls floating in your food,
 Serve a tasty dish to everyone in the group,
 Spring is in the air for everyone's pleasure,
 So may you & your loved ones enjoy the good times
 you'll treasure,
 With the health issues we face these days,
 Take care of yourselves & your families in all ways. Having now passed this
 year's Passover habits,
 We now have the festival of Easter - chasing rabbits,
 We start the festival with one big rule,
 If you do something silly, you're called an April's fool!
 As we watch the Fifth Ave. Easter Parade with great pleasure,
 We see antics that we can all treasure,
 Stay dressed for the day in the appropriate style,
 As we watch the marchers go mile by mile.
 Take care of yourselves from morning 'till night,
 We want to go back together when everything is back BRIGHT!

GURWIN STAYS STRONG!

Pictured below are the staff of Fay J. Lindner keeping spirits up and continuing to provide care with temperature monitoring, in room meals, health service, activity deliveries and housekeeping.

