

# GURWIN SOCIAL ADULT DAY PROGRAM

FEBRUARY ' 20

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

<p>All Activities are Subject to change Questions about Activities contact: Pauline Hazzard@ 631 715- 2412 Breakfast 9:30am Lunch 12noon Free Time 1:00pm Snack 3:30pm</p>			<p><b>SOCIAL Adult Celebrate February Month Of Fabulous Holiday's!</b></p>	
<p>10AM-Sing Along 60s 3 11AM-Seniors Group Exercise 1:30PM-Hooks &amp; needles Club 2:30PM-Beat the Clock/Games</p> 	<p>10AM-Art 4 11PM-Bowling 1:30pm-Chair Exercise 2:30PM-Memory Game</p> 	<p>10AM- Scrabble Club Tournament 5 11AM-Jewelry Beading 1:30PM-Knitting Club 2:30PM- Indoor Gardening</p>  <p>Bible Verses 10:30-11:00am \Dario F</p>	<p>10AM-Arts &amp; Crafts 6 11AM-Stretch &amp; Strengthen 1:00PM-Entertainer/Jazz therapy/ADC 2:30PM-Memory Game</p> 	<p>10AM-Family Feud 7 11AM- Indoor Gardening 1:30PM- Men Spa Day 2:30PM-Scrabble Tournament</p> 
<p>10AM-Balloon Volleyball 10 11AM-Rummikub Tournament 1:30PM-Chair Exercise 2:30PM- Memory Game</p> 	<p>10AM-Coffee news &amp; Views\Burton R 11 11AM-Yoga/Michelle 1:30PM- Table Ping Pong 2:30PM-Soul Karaoke</p> 	<p>10AM- Charity Knitting 12 11Am-Seniors Zumba 1:30PM-Hearts &amp; Love Beading 2:30PM-Scrabble Tournament</p>  <p>Bible Verses 10:30pm-11am /Dario F</p>	<p>10AM-Art Exhibits /RainbowRoom 13 11AM-Seniors Bowling 1:30PM-Red &amp; Pink Flower Arrangement 2:30PM-Rummikub/Game/Puzzles</p> 	<p>10AM-Sweet Heart Bingo 14 11AM- Name that Sweetheart Tune 1:30PM- Red Hat Valentine Tea Party 2:30PM-Sweetheart Spa Day</p>  <p>Caregiver Support Group 10am-11:30am Valentine's Day</p>
<p>10AM-Group Exercise 17 11AM-Presidents Fun Facts/Crosswords 1:30PM-Trivia/ Puzzles 2:30PM-Indoor Gardening</p>  <p>President Day</p>	<p>10AM-Finger Painting 18 11AM-Seniors Bowling 1:30PM-Walking Group 2:30PM-Sensory Stimulation</p> 	<p>10AM-Family Feud 19 11AM-Seniors Zumba 1:30PM-Soul 60s Sing- a-Long 2:30PM-Scrabble Tournament</p>  <p>Bible Verses 10:30am-11am \Dario F</p>	<p>10AM-Brain Teaser/Famous Woman 20 11AM-Seniors Jazzercise 1:30PM-Crafts/Newspaper Collage 2:30PM-Table Ping Pong</p> 	<p>10AM-Coffee/News &amp; Views/ Christine A 21 11AM-Walking Group 1:30PM- Manicure Nail 2:30PM-Indoor Green House Gardening</p> 
<p>10AM-Huntingting of the Art Centre 24 11am-Trip/Music Therapy 1:30PM-Bingo 2:30PM-Charity Knitting</p> 	<p>10AM- Historic Woman Presentation 25 11AM-Successful woman Panel 12:00PM-Soul Food Luncheon 1:00PM- Entertainer/Liturgical Dancers &amp; the beat of African Drums 2:30PM-Sensory Stimulation /Aroma</p> 	<p>10AM-Coffee News &amp; Views/Theresa N 26 11AM-Scrabble Tournament 1:30PM-Seniors Jazzercise 2:30PM-Indoor Gardening</p>  <p>Bible Verses 10:30am-11am /Dario F</p>	<p>10AM- Yoga/Michelle 27 11AM-Charity Knitting 1:30PM-Seniors Bowling 2:30PM-Art</p> 	<p>10AM-Name That Tune 28 11AM-Group Exercise 1:30PM-Nail Manicure 2:30PM-Basic Computer/Marylou G</p>  <p>Caregiver Support Group 10am-11:30am</p>