

# Talk Of The Town

The Monthly Activities Newsletter of the Fay J. Lindner Residences

February 2020

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Director of Clinical  
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**Staci Rosenberg-  
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**Grace Benson**  
Office Coordinator



American  
Heart  
Association

February, a month filled with love.....

The American Heart Association's "Go Red for Women Day" is Friday, February 7th. We're asking you to wear red that day to promote Women's Healthy Heart Awareness.

Join us at 2:30pm in the Synagogue for a group photo. After the photo our fitness trainer Elycia will present a program on "Keeping Your Heart Healthy". A special guest instructor will be joining us who will run a Tai Chi Qigong session as well. There will be a heartfelt giveaway for all who attend!

We have spread the red across the whole newsletter this month to highlight programs close to our hearts. Whether it is writing heartfelt cards for Veterans, a love bug paint and sip, a sweet pea spelling bee, our weekly friendship circle, I heart chocolate cooking club, getting the dish on celebrity couples, the sweethearts dinner with classical piano by I-Heung Lee, a ruby red chair pillow craft, a trip out for a delicious Italian lunch at Mario's, the Creative Hearts Art Club, the Sweethearts dance with music by Rob & Patty or the Not-So-Newlywed game, we are ready to paint Gurwin Red with love this month! Please wear a heart themed shirt on Sweethearts day, Thursday, February 13th.

Since February is the month of love, we are asking that you share your wedding photos with us to be displayed in the lobby. If you do not have a wedding photo, any fun photo with your spouse will do. All photos will be safely displayed and returned. A special thank you goes out to the couples who volunteered their lovebird photos to the Resident Guess Who Matching Game on page 4. Another Thank you goes out the residents who are writing for the monthly newsletter. To those who may be considering writing for us, please know that your contribution helps. We are all about fun here at Gurwin and we encourage you to join in. Sincerely, the Recreation Department

Pictured below are pictures to make your heart smile of our residents making no-sew blankets for Little Shelter Animal and Adoption Center. We visited them at the end of January to deliver the blankets and tour the Center. We are taking part in a year long campaign to help others, and that includes our furry friends. Ask Recreation how you can help out your community.





## Happy February Birthdays!

- 2/1: Eva P.
- 2/4: Sandra P.
- 2/6: Melvin M.
- 2/7: Jonas F.
- 2/9: Samuel F.
- 2/10: John D.
- 2/11: William K.
- 2/13: Jerome A.
- 2/19: Elaine D.
- 2/20: Thelma L.
- 2/22: Judith S.

**February Birthday Party**  
**Thursday, February 20th**

at 3:00pm in the  
Synagogue with music by **Henry Cover**



### \*LOCAL TRIP SCHEDULE HAS CHANGED\*

#### MONDAYS

CVS and Banks

#### TUESDAYS & FRIDAYS

Post Office, Hair and Nail Salons

#### THURSDAYS

Dollar Store, Card Store and  
Jewelry Exchange

#### FRIDAY AFTERNOONS

Mayfair Shopping Center

*Suffolk Y-JCC & the Commack Public  
Library available Monday - Friday.*



**PLEASE BE IN THE LOBBY  
15 MINUTES BEFORE ALL  
SCHEDULED BUS TRIPS.**

Do You need help with your  
cell phone or Internet?  
Come and meet with Donna  
on Thursdays between 2p  
and 3pm by appointment. Call ext. 8512.



We ask you to please use  
lightweight aluminum  
walkers, if possible, on  
**ALL BUS TRIPS!**  
*No Baskets Please!*



## The Pool Table has a new location!



### ***C Wing 1<sup>st</sup> floor lounge***

The Pool Table is now located in the C wing 1<sup>st</sup>  
floor lounge right down the hall from the lobby.  
Bring a friend and come on down!

The Beauty Salon is  
open Thursdays 9a-3p.  
Appointments available.  
Call ext. 8575



Turn to "Channel 8" on your TV to  
see the daily Activities  
Calendar with any updates  
for activities and  
transportation!



No Limousine Service  
**Presidents Day**  
**February 17th**



**Handicapped Parking Tags**  
are available for your use  
at the Reception Desk!

**GIVING BACK**

This February we will be supporting military service members and veterans by providing home-made & heartfelt cards. The cards will be deployed to troops overseas and to VA hospitals around the country. This February, help us spread the love!



**On Wednesday February 12th, Abraham Lincoln's birthday, come listen to a lecture with James Coll. The topic, 'Forever Free:' Lincoln, Civil War and the American March To Emancipation.**



In this lecture, we will discuss the American legal and political struggle towards the abolition of slavery. The talk will focus on the structure and impact of President Lincoln's Emancipation Proclamation as well as post-war Constitutional developments regarding the 'peculiar institution.' We listened to J. Coll speak about Impeachment last month at Commack Library. He will be lecturing at Gurwin by resident request.

*Candle Lighting will take place in the Synagogue on Friday afternoons from now on. Yurt Site Candles are available to light during Shabbat and are available to borrow, just contact Recreation.*



**The Gym will be open by appointment as of February 10th.**

Gym Hours:  
**Mondays through Fridays**  
11am-12:30pm  
**Tuesdays**  
2pm-4pm  
**Thursdays**  
2pm-2:30pm



Please call Recreation to schedule a session or make your future appointments with Elycia.

If you would like to start going to the gym, please see Elycia to sign up and get clearance.



You have many ways to get fit at Gurwin! Come to morning exercise daily at 10:15am in the Synagogue. Combine that with the new Gym hours and you are on the way to healthier heart!

**SPRING TALENT SHOW**

Calling all acts! Fay J. Linder will be hosting a Talent Show this spring. Come to Recreation with your ideas and please come to practice this month!



*"Cholent Chat" with the Rebbitzin February 29th*



**The Commack Library will be back on February 5th from 10am-11am in the lobby.**

The Book Club will meet Tuesday, February 11th at 2:30pm in the Library. The book we have chosen to read is "Snow Falling On Cedars" by David Guterson. Order your copy from the Commack Library over the phone and it will get delivered to the front desk.

**There will be no Culinary Meeting in February. Please stay tuned for a date for March.**



**RESIDENT GUESS WHO MATCHING  
GAME:  
SWEETHEARTS  
EDITION**



Pictured below are 6 couples who live here at Fay J. Lindner. Take a look at the photos and match the letter of the picture to the correct names in the box.  
~See Recreation for the answers~

The Love Birds are:  
 \_\_\_ Edith and Henry                      \_\_\_ Audrey and Bill  
 \_\_\_ Fortunee and Leo                    \_\_\_ Ruth and Louis  
 \_\_\_ Janice and Sidney                   \_\_\_ Helen and Mel

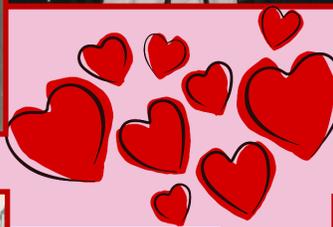
A



B



C



D



E



F

**RESIDENT COLUMN:  
SUE'S POETRY  
"LOVE IS HERE TO  
STAY"**

We are celebrating a day of bliss & love that will glow,  
It's Valentine's Day & the main gift is a lot of love we will bestow,  
It's a special love we will present to our Mister or Missus,  
And it consists of a package of true love & kisses,  
It shows each other how much you are in love,  
With blessings that come from below & above,  
If a partner is missing in your life,  
There are others whose love for you will survive,  
Other gifts that may be great treats,  
Are super candies & other kinds of sweets,  
Underneath all the love that is supplied this day,  
It's a wonderful game that we all can play.  
There's I LOVE YOU an affection that is never ending,  
And it is - and was - a super blending,  
Whether you wake up in the morning with a love besides you,  
The sun will be shining & the sky will be blue,  
If you're without a mate whose departed from your side,  
Memories are as bright as when you were his bride,  
Have a super day with dreams that that come for many hours,  
And may your future be full of hearts & flowers.

*Meet the writer, Sue H., pictured right*



## RESIDENT OF THE MONTH FOR FEBRUARY: JOHN D.

John was born in Hempstead, NY. He was drafted out of high school into the Army Air Force and was stationed in Baton Rouge, LA during WWII. After being recalled from the Korean War, John spent the next two years in England serving on behalf of the Army Air Force.

At 25 years old, John was introduced to his future wife, Inge (pronounced In-ga), by a cousin. They have been married for 70 years. John says that Inge is a wonderful mother and wife. She worked as a legal secretary and accountant until they had their first child. After beginning their family, Inge stayed home to care for the children and was involved as both a class mother and a member of the PTA for the North Babylon School. Together John and Inge have four children. Through their three sons, they have eight grandchildren and are expecting their first great grandchild!

Although John has been blessed with a beautiful family, he has suffered great tragedy. His daughter, Carolyn, lost her battle to Leukemia at age 16. When Carolyn got sick, John became very involved in the Leukemia Society. He was elected President of the New York Chapter and held this position for a decade. At a fundraiser in New York City, he listened to the late former First Lady of the United States, Barbara Bush, speak on the topic. Like John, President and Mrs. George H. W. Bush lost their daughter to Leukemia. Barbara approached John at this fundraiser to talk about their shared experience. He recalls Mrs. Bush being very gracious.

After completing his military service, John worked for Double Day Publishers for 50 years and eventually became Vice President of the company. Double Day owned the New York Mets, and John was appointed Vice President of the beloved sports team. During his tenure, John's office was in Shea Stadium and witnessed baseball history. As Vice President of the team, John is a recipient of a 1969 World Series ring. If you recall that year, with three weeks to go in the season, the underdog Mets stormed past the Chicago Cubs, who had led the Eastern Division for most of the season, winning 38 of their final 49 games for a total of 100 wins and capturing their first National League Eastern Division crown. "Let's go Mets!"

John and Inge retired to Florida. Inge often participated in the variety shows and performed for the community where they lived. She was even recorded by a professional and had a CD made. John loves to listen to his wife sing and plays her CD often. Musical talent runs in the family. Their son, Richard, has a beautiful voice and sings with Inge when the family visits together at Gurwin.

Looking back at his life, John has some words of wisdom: "Family is everything." In fact, to John, family is his life! These are words to live by. What an inspiration!

John will be celebrating his 95<sup>th</sup> on February 10th. He says he's "happy at this age being in an environment where people show their love for others." Let's all show John our love by wishing him a happy birthday this February from his Gurwin family!

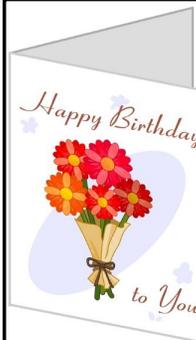


Pictured above (Current):  
John, Inge and family



### Meet Jackie, our new Therapy Dog!

He will be visiting with his handler Joanne a few times monthly. Keep an eye out on the calendar for his visit dates. He is a 4 and a half year old Portuguese water dog, like the Obama's have. He is very friendly and loves to be pet. He is looking for new friends so please come to see him when he is here!



### Need any Get Well, Thinking of You, Happy Birthday or Condolence cards?

Barbara R. will be selling greeting cards to raise money for Smithtown Hadassah. Cards will be for sale in the front lobby on Wednesday, February 5th at

10am next to the table for the Mobile Commack Library. Cards are \$3.00 a piece. If you cannot come that day, please reach out to Barbara R. at ext. 8202 to purchase a card.



## Elvis Presley Day 1-7-2020

We honored the king of rock and roll, Elvis Presley, last month. We danced in our seats, posed with the Elvis Impersonator and sang our hearts out at Karaoke. We felt the hunka hunka burnin' love! If you don't believe us, look below. These are just a glimpse at the hundreds of photos taken that day. Look to the Osborne channel to see more!

## Resident Column:

### Yvonne's Program Review

Like everyone else I was a fan of Elvis Presley -- as well as the Everly Brothers, Buddy Holly, Little Richard and Chuck Berry. I got to see him perform on the Ed Sullivan Show in the fall of 1956, but he first appeared on national television on the Dorsey Brothers show earlier that year -- 16 times. Not many know that Elvis failed music in high school, and that he was a bit of a loner. His hip-swaying, pelvic gyrations were initially due to his strong response to rhythm and nervousness playing before a large crowd. I thought the Elvis impersonator, who performed during lunchtime, was excellent -- very enjoyable and entertaining!

I still have the black leather motorcycle jacket I bought on sale at Alexanders (59th & Lex), to wear to a Buddy Holly contest held at the Citicorp building in the late '80s. (Yes, I won the contest!) But it's locked up in a storage unit in Manhattan, along with my Gibson guitar, so I couldn't wear it to our event. I also once had a pair of Elvis-themed earrings. They were gold-tone miniature picture frames, with a tiny headshot of Elvis in them. Gone, but not forgotten. Happy 85th birthday to the King of Rock and Roll!



*Pictured right, a similar pair of Elvis earrings that Yvonne had years ago.*



*Meet the writer, Yvonne F., pictured right, in her Buddy Holly black leather motorcycle jacket!*