

GURWIN SOCIAL ADULT DAY PROGRAM

SEPTEMBER '19

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>CLOSED 2</p> <p>LABOR DAY</p> 	<p>10AM- Puzzels 3 11AM- Sensory Stimulation 1:30PM-Sing Along 2:30PM-Painting</p> 	<p>10AM-Walking Group 4 11AM-Karaoke 1:30PM-Arts & Crafts 2:30PM-Seniors Bowling</p> 	<p>10AM-Outdoor Gardening 5 11AM-Spelling Bee Tournament 1:30PM-Flex & Stretch 2:30PM- Beading</p> 	<p>10AM Walking Group 6 11AM-Volleyball 1:30PM-Nail Manicure 2:30PM-Bring your Picture Album</p> 
<p>10AM-Rummikub/Game 9 11AM-Outdoor Gardening 1:30PM-Group Exercise 2:30PM-Knitting/Crochet</p> 	<p>10AM-Arts & Craft 10 11PM-Sensory Aroma 1:30pm-Music Instrument Circle 2:30PM-Sit & Be Fit</p> 	<p>10AM-Miniature Golf 11 11AM-Phonics 1:30PM- Senior Jazzercise 2:30PM-Scrabble</p>  <p>Patriot Day</p>	<p>10AM-Bowling 12 11AM- Crafts 1:30PM-Family Feud 2:30PM-Chair Exercise</p> 	<p>10AM-Karaoke 13 11AM- Table Game 1:30PM-Yoga 2:30PM-Men Spa Day</p>  <p><i>Alzheimer's Support Group 9:30am</i></p>
<p>10AM-Group Exercise 16 11AM-Fall Trivia 1:30PM-Volleyball 2:30PM- Art</p> 	<p>10AM-Name That Tune 50s 17 11AM-Pictures/Crosswords Puzzles 1:30PM-Finger Painting 2:30PM- Chair Exercise</p> 	<p>10AM-Walking Group 18 11AM-Word Search 1:30PM-Table Ping Pong 2:30PM-Crochet/Knitting</p>  <p>Sneaker's Day</p>	<p>10AM-Group Exercise 19 11AM-Seniors Bowling 1:30PM-Art 2:30PM-Karaoke 50s</p> 	<p>10AM-Friday Baking 20 11AM-Sing Along 1:30PM-Group Exercise 2:30PM- Spa Day</p> 
<p>10AM-Tournament Monday Games 23 11AM-Monday Games 1:30PM-Tournament Monday 2:30PM-Table Game</p>  <p>First Day Of Autumn</p> 	<p>10AM-Glass Painting 24 11AM-Sit & Be Fit 1:30PM-Alzheimers Puzzles 2:30PM-Sing Along</p> 	<p>10AM- Walking Group 25 11AM-Fall Arts & Craft 1:30PM -Prize Bingo 2:30PM-Karaoke</p> 	<p>10AM-Air Hockey 26 11AM-Fall Trivia 1:30PM-Finger Painting 2:30PM-Family Feud</p> 	<p>10AM- Group Exercise 27 11AM-Fall Nail Manicure 1:30PM-Charity Crochet/Knitting 2:30PM-Table Talk</p> 
<p>Closed 30</p> 	<p>October 1st 2019</p> <p>Closed</p> 		<p>September</p> 	<p><i>All Activities are Subject to Change Question about Activities Contact: Pauline Hazzard 631-715-2412 Breakfast 9:30AM Lunch 12 noon Free Time 1:00PM Snack Time 3:30PM</i></p> 