February is the Month for Love!

This year, we ask you to share your wedding photos with us so that we may display them in the Lobby. If you don't have a wedding photo, any photo with your spouse will do.

Please bring only framed photographs to the Recreation Office by no later than Friday, February 8th!

It takes time to arrange our display! All photos will be safely displayed and returned.

The American Heart Association “Go Red for Women Day” is Friday, February 1st!

We're asking you to wear red that day to promote Women’s Healthy Heart Awareness.

Join us at 2:30pm in the Synagogue for a group photo.

After the photo, our fitness trainer Elycia will present a program on “Keeping Your Heart Healthy”

No afternoon Bingo game today
Happy February Birthdays!

February 1st: Eva P.
February 3rd: Dorothy K.
February 4th: Sandra P.
February 6th: Melvin M.
February 9th: Sam F.
February 10th: John D.
February 11th: William K.
February 13th: Jerome A.
February 19th: Elaine D.
February 20th: Thelma L.
February 21st: Toby K.
February 22nd: Judith S.
February 28th: Harold H.

February Birthday Party
Thursday, February 21st
at 3:00pm in the Synagogue
with music by Stan Zizka

LOCAL TRIP SCHEDULE

MONDAYS, TUESDAYS
AND FRIDAYS:
CVS and Banks

WEDNESDAYS & THURSDAYS:
Post Office, Hair and Nail Salons,
Dollar Store, Michaels and
Jewelry Exchange
Suffolk Y-JCC & the Commack Public
Library available Monday through Friday

This schedule has reduced pick-up
waiting times. Please, no large walkers
or shopping baskets. No reservations
are needed, the trip is first come.

We can only accept
lightweight aluminum or
pre-approved walkers on
ALL BUS TRIPS!
No Baskets Please!

Local Trip Schedule

The Friday Afternoon
Grocery Shopping trip only
goes to Best Market at the
Mayfair Shopping Center.
The Bus leaves promptly at 2:15pm.

Join David at the
“Drama Club”
where we read &
rehearse plays together on
Tuesday, February 19th
at 2:30pm in the Library!

If you have “gently
used” clothing that
you would like to
donate to charity, call
Jason at Ext. 8520. Housekeeping
will collect your donations.

Turn to “Channel 8” on your TV
to see the daily Activities
Calendar with any updates
for activities and
transportation!
Join Maureen & David for a "Healthy Spelling Bee" on Wednesday, February 6th at 2:30pm in the Synagogue!

"Balance & Strength Exercises" with Trainer Elycia on Wednesdays at 2:00pm in the 2nd Floor ‘B’ Wing Lounge! For more information, contact Elycia at #8574

Scrapbook & Personal Greeting Cards with Maureen on Monday, February 4th at 2:30pm in the Party Lounge! Make greeting cards or start a Scrapbook! (Bring photos!)

Professor John Merenda leads an informative discussion on political issues and "Current Events" Tuesday, February 26th at 2:30pm in the Synagogue!

The Friendship Circle is a Social Conversation Group that meets every Wednesday morning at 10:30am in the Library with Sue Fliss. Join us for casual conversation and to meet new friends!

Join Janice for "Chair" Yoga Thursdays, February 7th, 14th, 21st and 28th. All sessions begin at 10:15am in the Synagogue! This is Yoga for everyone!

"Winter Break" and the kids are on vacation, but for us the work has just begun! Join Maureen & David for a "Healthy Spelling Bee" on Wednesday, February 6th at 2:30pm in the Synagogue!

"An Afternoon Of Music" with Cantor David Katz accompanied by Pianist Edward Stolarz Sunday, February 10th at 2:30pm in the Synagogue!

Rabbi Howard Buechler returns for his popular lecture series "Jewish Customs And Holidays" Monday, February 4th at 10:30am in the Synagogue. No Fitness when the Rabbi visits.

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“Painting Classes with Denis Ponsot”
Denis holds classes in watercolors and oil painting on Tuesdays, February 5th and February 19th at 10:30am in the 2nd floor Party Lounge! No need to sign up to attend.

Join us for “Nudge Your Noodle” with Jane Feirman.
This program focuses on the origin of words through various activities & exercises. Space is limited to twenty! Wednesday, February 27th at 2:30pm in the Party Lounge!

Join Debra and a Guest Executive Chef for a cooking demonstration using “Super Food: Cooking With Cocoa!” on Monday, February 25th at 2:30pm in the SYNAGOGUE!

This month “The Travel Club” with Maureen takes a trip to Beijing, China to celebrate the Chinese New Year on Tuesday, February 5th in the Synagogue at 2:30pm! Join us!

Dining Out for Lunch!
We’re going to “Famous Toastery” in Commack where you can get sandwiches, omelets & burgers! Thursday, February 28th at 12:00pm. Sign up to go along!

Be Good to Your Heart!
Eat healthy & exercise!

“Crafts with Maureen”
This month we are decorating cloth Tote Bags! There’s only one session on Tuesday, February 26th at 10:30am in the Party Lounge. Please sign up!!

We’re off to “JAKE’S 58” Casino & Restaurant on Monday, February 4th. We’ll depart at 11:45am. You purchase your own lunch at their restaurant, Bistro 58! Please sign up in Recreation to go.
Join Speaker
Rabbi Shmuel Greenhaus for
“Everything You Ever
Wanted to Know About
Judaism”
Wednesday, February 20th
at 2:30pm in the Synagogue!

Robbin will help
you learn how to
knit and crochet
items at the
“Knitter’s Club”
We will meet this month
on Fridays, February 8th
and February 22nd.
Both sessions start at
10:30am in the Party Lounge!

Lectures at the Suffolk Y-JCC
Jewish Experience
Friday, February 15th
“How Today’s Jewish Artists Are
Revolutionizing Art”
Guest Lecturer:
Yona Verwer
Admission: Lecture & Lunch-$20.00

Lifelong Learning
returns in March
The bus departs at 10:00am.
Sign up and pay, in cash,
in the Recreation Office.

The Commack Library
will visit us on
Wednesday, February 13th
from 10:00 to 11:00am
in our Lobby! Get your
Library card and
order books for
delivery at that time!
Recreation
will return your
books to the Library

Take a Tour of
the Lindner Kitchen!
We will take a small
group of residents
into the kitchen to see how the
staff prepares and serves your
meals! Only five people
at a time on this trip,
Tuesday, February 19th at
10:30am. Sign up to go along!

PLEASE BE IN THE LOBBY
15 MINUTES BEFORE ALL
SCHEDULED BUS TRIPS.

Join us for a
“Sweetheart Ball”
with heartfelt music
performed by
Entertainer John Jason
Thursday, February 14th
2:30-4:00pm (Synagogue)
ABOVE: DOROTHY WAS HAPPY TO SHARE PHOTOS OF HER MOTHER AND THE HOUSE SHE GREW UP IN AT “MY FAVORITE THING...A SHOW & TELL”.

ABOVE RIGHT: FOOD SERVICE DIRECTOR DEBRA FOSTER CHANNELED THE SPIRIT OF ELVIS PRESLEY ON HIS BIRTHDAY!

RIGHT: SALLY, WHO WAS LIBERATED FROM A CONCENTRATION CAMP, SHARED HER STORY WITH A YOUNG STUDENT FOR A SCHOOL PROJECT.

Gurwin Jewish-Fay J. Lindner Residences
50 Hauppauge Road
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