

GURWIN SOCIAL ADULT DAY PROGRAM

JANUARY '19

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>CRUISE MONTH! ALL ABOARD GURWIN SOCIAL ADULT CRUISE LINE TO THE EASTERN CARIBBEAN Captain Jeraldine Fedoriw First Officer Pauline Hazzard</p>	<p>New Years Day 1 Closed</p>	<p>10AM-Basic Computer 2 11AM-Cruise fun Card Games 1:30PM-Table Talk/New Year Quotes 2:30PM-Table Tennis</p> 	<p>10AM-Checkers Club 3 11AM-Cruise Jazzercise 1:30PM- Arts & Craft s 2:30PM-Miniature Golf</p> 	<p>10AM-Cruise Aromatherapy 4 11AM- Name that Tune 1:30PM-Word Search 2:30PM-Woman Spa Day</p> 
<p>10AM-Cruise Fitness 7 Tournament 11AM-Walking 1:30PM-Tennis 2:30PM-Miniature Golf</p> <p><i>Wear Comfortable Shoes</i></p>	<p>10AM-Island Beading 8 11AM-Captain Luncheon 1:30PM-Cruise Movie Musical 2:30PM-Cruise Island Tour</p> 	<p>10 AM-Puzzles 9 11AM-Cruise Senior Zumba 1:30PM-Cruise Karaoke 2:30PM- Cruise Raffle Bingo</p>  <p><i>Wear Silly Hat</i></p>	<p>10AM-Sensory Stimulation 10 11AM-Cruise Trivia 1:30PM-Cruise Bowling 2:30PM- Captain Talk/ ship tour</p> 	<p>10AM- Cruise Scavenger hunt 11 11AM-Walking Group 1:30PM-Men Spa Day 2:30PM-Cruise Spelling Bee</p> 
<p>10AM-Relaxation Story Time 14 11AM-Art & Craft 1:30PM-Sing Along 2:30PM-Cruise Group Exercise</p> 	<p>10AM-Air Hockey 15 11AM-Fitness Bingo 1:30PM-Cruise 50s Disco Party 2:30PM-Fill In The Blanks...</p>  <p><i>Wear Disco 50s clothing</i></p>	<p>10AM-Puzzle's 16 11AM-Basketball 1:30PM-Cruise Art & Craft 2:30PM-Crochect/Knitting</p> 	<p>10AM- Sing Along 17 11AM-Cruise Family Feud 1:30PM-Cruise Casino Day 2:30PM-Cruise Casino Day</p> 	<p>10AM-Memory Game 18 11AM-Family Feud 1:30PM-Hand Messages 2:30PM-Walking Group</p> 
<p>9AM-Table Talk About 21 10AM-Family Feud 1:30PM-Cruise Senior Zumba 2:30PM-Karaoke</p>  <p>Martin Luther King Day</p>	<p>10AM-Cruise Walk Group 22 11am- Island Sight Seeing 1:30PM-Cruise Word Search 2:30pm-Bowling</p> 	<p>10AM-Basic Computer 23 11AM-Cruise Memory Game 1:30PM-Stretch & Strengthen 2:30PM-Sensory Stimulation</p> 	<p>10AM-Finger Painting 24 11AM-Bowling 1:30PM-Island Shopping Trip 2:30PM-Island Shopping Trip</p>  <p>Macy's</p>	<p>10AM-Table Tennis 25 11AM-Cruise Yoga 1:30PM-Cruise Spa Day 2:30PM- Cruise Happy Hour</p> 
<p>10AM-News & views 28 11:00PM-Bean Bag Toss 1:30 PM-Cruise Chair Exercise 2:30PM-Body Bingo</p> 	<p>10AM-Cruise Fill in the Blanks 29 11AM-Cruise Checkers Tournament 1:30PM-Art 2:30PM Name That Tune</p> 	<p>10am-Crochect/Latch Hook 30 11AM-Cruise Jewelry Making 1:30PM-Group Exercise 2:30PM-Cruise Sing Along</p> 	<p>10AM-Cruise Big Breakfast 31 11AM-Air Hockey 1:30PM-Clips Coupons 2:30PM- Family Feud</p> 	<p>ALL ACTIVITIES ARE SUBJECT TO CHANGE</p>  <p>ACCORDING TO WEATHER CONDITION!</p>